

Sexual Rehabilitation after Stroke



Louis-Pierre Auger, erg./OT, Ph.D.
McGill University

February 27th 2025

Objectives

Upon completion of the course, the participants will:

1. Understand sexuality from a rehabilitation perspective
2. Understand the many ways of how stroke can influence sexuality and intimacy
3. Deconstruct bias and myths regarding sexuality post-stroke
4. Understand the Canadian stroke rehabilitation best practices regarding sexuality and contextualize them to real-life stroke rehabilitation
5. Develop the ability to conduct a sexuality-related interview (i.e. screening the need for services and exploring perceived sexual difficulties in patients)
6. Better understand their disciplinary role, and their colleagues' role, regarding sexual rehabilitation
7. Deepen assessment and intervention abilities regarding sexual rehabilitation

Date: February 27, 2025

Time: 8:30 am – 4:30 pm

Registration: 8:15–8:30 am

Target Audience: Anyone working in stroke care

Location: **Virtual.** A link will be sent to registrants

REGISTER NOW



www.surveymonkey.com/r/CPF8ZHY

For more information contact: michelle.mohan@unityhealth.to

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Virtual Workshop Schedule*	
8:15-8:30	Registration/Attendance
8:30-9:00	Defining sexuality, training needs and influencing factors
9:00-10:15	Impact of stroke on sexuality and Canadian guidelines
10:15-10:30	Break
10:30-12:00	Screening for needs related to post-stroke sexuality
12:00-12:45	Lunch
12:45-2:15	Disciplinary assessment related to post-stroke sexual difficulties
2:15-2:30	Break
2:30-4:15	Developing a disciplinary intervention plan & Interdisciplinary sexual rehabilitation work

*Please note that the schedule for the day is subject to change without any advance notice



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Mr. Auger is an occupational therapist and has more than five years of experience in intensive functional rehabilitation with a clientele with neurological disorders, particularly stroke. He completed a master's and a doctorate in rehabilitation sciences at the University of Montreal. He is now a postdoctoral fellow at McGill University and focuses his research interests on sexuality, disability and rehabilitation.

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