

Join the Toronto Stroke Networks for an in-person workshop:

# Wheelchairs & Seating for Stroke



## Objectives

By the end of this session, participants will:

- Identify stroke-related factors in RESNA\* assessment interviews.
- Understand, practice and apply foundational MAT\*\* assessment skills.
- Understand how vision, perception, and cognition impact wheelchair selection.
- Identify and analyze seating features of manual and power wheelchairs

## Date and Location

**Date:** Thursday, September 25th 2025

**Time:** 8:30 AM - 4:00 PM

**Registration:** 8:15 AM - 8:30 AM

**Location:** Providence Healthcare,  
Rm C301 – C302

## Target Audience

Occupational therapists and stroke care providers in Toronto who assess and prescribe seating will be given priority.

## Presented by Cathy Choi, OT Reg. (Ont.), MTS, certified ATP/SM

Cathy Choi is an occupational therapist who is passionate about working with adults who have complex seating and mobility needs. Cathy has over 24 years of experience as a seating and mobility authorizer with the Assistive Devices Program of Ontario, and is dual certified as an Assistive Technology Professional and Seating and Mobility Specialist by the Rehabilitation Engineering Society of North America.



Time	Topic
8:15- 8:30 AM	Registration
8:30- 9:00 AM	Why learn about wheelchairs and seating for clients with stroke?
9:00- 10:30 AM	MAT Assessments: Foundational concepts and special considerations for clients with stroke
10:30- 10:45 AM	Break
10:45- 11:15 AM	MAT assessment – Practice
11:15- 11:45 AM	Interpreting interview and MAT assessment results – Analysis Tool
11:45 AM - 12:30 PM	Lunch
12:30 - 1:00 PM	Manual vs. power?
1:00 - 1:45 PM	Manual wheelchairs- Equipment practical
1:45 - 2:00 PM	Break
2:00 - 2:45 PM	Power wheelchairs- Equipment practical
2:45 - 3:15 PM	Seating- Backrests, cushions and other supports
3:15 - 3:45 PM	Case studies
3:45 - 4:00 PM	Reflection and course evaluation