

Empowering Excellence 2026 *Nursing Best Practices in Stroke Care* April 8th, 2026

Objectives

Upon completion of the workshop, participants will:

1. Apply evidence-based approaches to stroke recognition and nursing management with increased confidence
2. Practice updated skills in positioning, safe feeding and swallowing, fatigue, and behavioural support
3. Identify actionable strategies to enhance quality, safety, and patient experience within their own clinical environments

Date: April 8th, 2026

Time: 8:30 am – 4:30 pm

Registration: 8:00 am

Target Audience: Nurses working in stroke care in Toronto

Location: Li Ka-Shing Knowledge Institute

209 Victoria St, Toronto, ON M5B 1T8

Rooms 240 & 241

REGISTER NOW



<https://www.surveymonkey.com/r/X669PT6>

For more information contact: molly.firth@unityhealth.to

Empowering Excellence 2026

Nursing Best Practices in Stroke Care

April 8th, 2026

Workshop Agenda (tentative)

8:00-8:30	Registration & Breakfast - visit Exhibitor Hall
8:30-9:00	Welcome and Opening Address
9:00-10:00	Stroke Recognition and Treatment
10:00-10:15	Break & light refreshments - visit Exhibitor Hall
10:15-11:15	Feeding and Swallowing After Stroke
11:15-12:00	Supporting Cognitive Changes and Responsive Behaviours Post Stroke
12:00-1:00	Lunch - visit Exhibitor Hall
1:00-1:45	Managing Post-Stroke Fatigue
1:45-2:45	Positioning and Handling (Part 1)
2:45-3:00	Break & light refreshments - visit Exhibitor Hall
3:00-4:00	Positioning and Handling (Part 2)
4:00-4:30	Wrap-up and Evaluation

*Please note that the schedule for the day is subject to change without any advance notice