

Dysphagia Rehabilitation Workshop

January 29, 2026

Course Description

This one-day in-person workshop will provide Speech-Language Pathologists (SLP) working in stroke care with practical, evidence-based skills to assess and treat post-stroke dysphagia.



Ashwini Namasivayam-MacDonald, Ph.D.
Speech-Language Pathologist



Rim Mouhaffel, MPH, CDE
Registered Dietitian

By the end of the workshop, participants will:

- Interpret clinical and videofluoroscopic assessment findings to identify key physiologic swallowing impairments and guide individualized treatment planning after stroke.
- Apply evidence-based compensatory and rehabilitative interventions to improve swallow safety, efficiency, and post-stroke nutrition/hydration outcomes.
- Integrate dysphagia management with nutrition goals through effective collaboration between SLP and Registered Dietitians (RD), considering diet texture modification, quality of life, and patient-centered decision-making.
- Describe the role of the RD within the interprofessional team.
- Understand how dysphagia can impact nutrition status and the nutrition care plan.

Date: Thursday, January 29, 2026

Time: 9:00 AM to 4:30 PM (*Registration begins at 8:30 AM*)

Location: Toronto Rehab

550 University Avenue, Lecture Room (001B - B-121)

Target Audience:

Speech-Language Pathologists working primarily in stroke care in Toronto

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For more information :



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Workshop Agenda

| | |
|---------------------|--|
| 8:30 AM – 9:00 AM | Registration & Light Breakfast |
| 9:00 AM – 9:15 AM | Introduction & Framing the Issue |
| 9:15 AM – 9:45 AM | Post-Stroke Dysphagia: Physiology, Mechanisms & Consequences |
| 9:45 AM – 10:05 AM | Comprehensive Assessments |
| 10:05 AM – 10:45 AM | Treatment Mapping |
| 10:45 AM – 11:00 AM | Break |
| 11:00 AM – 11:45 AM | Compensatory Management for Nutrition & Safety |
| 11:45 AM – 1:00 PM | Rehabilitative Approaches: Restoring Swallow Function |
| 1:00 PM – 1:45 PM | Lunch |
| 1:45 PM – 2:45 PM | Quality of Life, Caregiver Burden & Ethical Considerations |
| 2:45 PM – 3:00 PM | Break |
| 3:00 PM – 4:00 PM | Post-Stroke Dysphagia, Nutrition, & the Role of the Registered Dietitian |
| 4:00 PM – 4:20 PM | Q & A |
| 4:20 PM – 4:30 PM | Wrap-Up |

Please Note: The schedule is subject to change without prior notice. Timing may vary depending on the level of participation and the number of questions from participants.

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