

Primary Healthcare Services



Primary Healthcare Services: A Quick Glance

- ❑ Comprehensive primary care wrap around services (Designated Francophone services)- Integration of Africentric Principles
- ❑ AYA Circle of Care-HIV Intensive Case Management
- ❑ Access to chiropody, physiotherapy and chiropractic services
- ❑ Robust senior's programming addressing chronic disease management (Black Health Challenge)
- ❑ Increased access to mental health support
- ❑ comprehensive diabetes education program with active community engagement.
- ❑ active sickle cell disease program advocating for holistic, culturally affirming, equitable healthcare access



Primary Care Data

Top Issues Addressed by Primary Care Providers (NPs and MDs)

Issues Addressed	Total
Visit for Prescription Renewal	1166
Hypertension	1092
Diabetes Mellitus Type 2	937
Dyslipidemia	877
Immigrant with Language Difficulty	714
Social Problem	667
Abnormal Lab Test	656
Low Income	453
Anxiety	451
Visit for New Client Intake	357
Depression	343
Iron Deficiency Anemia	259
Request for Results of Test(s)	237
Visit for Assistance with Forms	209

Enhanced Community Partnerships for Black Health

- ❑ Forsee Canada Glaucoma Screening in Black Communities
- ❑ Toronto Central Regional Cancer Program HPV/Cervical/Breast, Lung Cancer Screening
- ❑ Alzheimer's Society of Ontario Dementia in the Black Community Support Group
- ❑ Foot Screening Clinic
- ❑ Black Health Challenge
- ❑ Ubuntu Farms and CultivateHer for Food Insecurity
- ❑ Olive Branch of Hope– Prostate Cancer Screening



Next Steps for Improved Health

- ❑ Launch of Stroke Support Group (community led initiative)
- ❑ Black Focused Breastfeeding Clinic and Support Group for Black Parents
- ❑ GeneXpert and REACH Nexus initiative: Offering rapid turnaround for testing, enabling same day linkage to care, treatment or prevention



Stroke Care & CHCs - Helping fill the gaps

Supporting Recovery, Independence,
and Quality of Life after stroke

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Stroke Care - Registered Kinesiologist Support

- ▶ Limited space & specialized equipment
 - ▶ Improvise, modify
- ▶ Client-centered approach to care
 - ▶ Meet the client where they are
- ▶ Take advantage of the tools you have
 - ▶ Multi-disciplinary team referrals
 - ▶ Caregiver support
 - ▶ Fill in the gaps
 - ▶ Long PT/OT wait times
 - ▶ Financial burden

TAIBU Stroke Client

- ▶ 2022
- ▶ 62 yo, male
- ▶ Referral note: Post-stroke right sided physical limitations affecting mobility and upper limb use. Leg pain and altered sensation.
- ▶ Initial: PC, limited speech
 - ▶ Spouse present
 - ▶ Spouse also main caregiver
- ▶ Goals: improve gait
- ▶ Tx plan: AROM, stretches, walking, strengthening
- ▶ 1x/week to every other week to 1x/month
 - ▶ Waking shorter time
 - ▶ Increased confidence
 - ▶ Join other programs

Additional CHC supports

- ▶ Help advocate for client
- ▶ Multi-disciplinary team
 - ▶ Chiropractor
 - ▶ Chiropodist
 - ▶ Social prescriber
 - ▶ OT referral
 - ▶ Stroke rehab
 - ▶ Caregiver support
 - ▶ Caregiver became client at TAIBU (family doctor)
- ▶ Prevention: increase awareness and self-advocacy

Q & A